

**K3 / K5 SNACK**

**AUGUST 2011**

**LK PORTIONS**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>AUGUST 1</b>                      AM: FRENCH TOAST STICKS, 2 EA                      MILK, 1/2 C                      PM: BAKED SUN CHIPS, 1/2 PKTS                      MILD SALSA, 1 OZ                      100% APPLE JUICE NO DYES, 1/2 C</p>	<p><b>AUGUST 2</b>                      AM: CHEESE BISCUIT, 1 EA                      MILK, 1/2 C                      PM: CINNAMON TEDDY GRAHAMS,                      1 EA                      MILK, 1/2 C</p>	<p><b>AUGUST 3</b>                      AM: TOASTIO'S CEREAL, 1/3 C                      MILK, 1/2 OZ                      PM: BAKED NATURAL CHEESE                      CRISPS, 1/2 PKTS                      FRESH APPLE SLICES, 1/2 C  <u><b>TODS AND TWOS</b></u>                      APPLESAUCE</p>	<p><b>AUGUST 4</b>                      AM: VANILLA YOGURT BULK, 1/2 C                      HOMEMADE GRANOLA, 1/3 C                      PM: MINI RICE CAKES CARAMEL,                      1/2 EA                      FRESH ORANGE WEDGES, 4 PCS  <u><b>TODS AND TWOS</b></u>                      DICED PEARS IN JUICE</p>	<p><b>AUGUST 5</b>                      AM: ENGLISH MUFFIN, 1/2 EA                      W/ GRAPE JELLY                      MILK, 1/2 OZ                      PM: BABY CARROTS, 1/2 C                      W/ RANCH DIP                      WHOLE GRAIN CRACKERS, 1 PKTS  <u><b>TODS AND TWOS</b></u>                      CHILLED DICED PEACHES</p>
<p><b>AUGUST 8</b>                      AM: TOASTIO'S CEREAL, 1/3 C                      MILK, 1/2 C                      PM: NATURALLY MADE W/ WHOLE                      GRAINS TOSTITOS, 1/4 C                      MILD SALSA, 1/2 C</p>	<p><b>AUGUST 9</b>                      AM: GRAHAM CRACKERS, 2 EA                      MILK, 1/2 C                      PM: RITZ CRACKERS, 4 EA                      CHEDDAR CHEESE CUBES, 4 EA</p>	<p><b>AUGUST 10</b>                      AM: WHOLE WHEAT BAGEL, 1/2 EA                      W/ CREAM CHEESE                      PM: CUCUMBER ROUNDS, 1/2 C                      W/ RANCH DIP                      WHEAT THINS, 3 EA  <u><b>TODS AND TWOS</b></u>                      100% ORANGE RASPBERRY JUICE</p>	<p><b>AUGUST 11</b>                      AM: WAFFLE W/ SYRUP, 1 EA                      MILK, 1/2 C                      PM: VANILLA YOGURT, 1/2 C                      FRESH BANANA, 1/2 EA</p>	<p><b>AUGUST 12</b>                      AM: WHOLE GRAIN KIX BOWL PAK                      CEREAL, 1 EA                      MILK, 1/2 C                      PM: STRING CHEESE, 1 EA                      FRESH APPLE SLICES, 4 SL  <u><b>TODS AND TWOS</b></u>                      CHEDDAR CHEESE                      APPLESAUCE</p>
<p><b>AUGUST 15</b>                      AM: BANANA BREAD, 1 SL                      MILK, 1/2 C                      PM: CHEESE IT CRACKERS, 1/3 C                      100% APPLE JUICE NO DYES, 1/2 C</p>	<p><b>AUGUST 16</b>                      AM: KRISPIE RICE CEREAL, 1/3 C                      MILK, 1/2 C                      PM: STRING CHEESE, 1 EA                      WHEAT THINS, 3 EA</p>	<p><b>AUGUST 17</b>                      AM: WHOLE WHEAT BAGEL, 1/2 EA                      W/ CREAM CHEESE                      MILK, 1/2 C                      PM: WHL GRAIN CHEESE GOLDFISH,                      1 EA                      FRESH BANANA, 1/2 EA</p>	<p><b>AUGUST 18</b>                      AM: STRAWBERRY YOGURT, 1/2 C                      FRESH APPLE, 1/2 EA                      PM: OATMEAL SNACK, 1 EA                      MILK, 1/2 C  <u><b>TODS AND TWOS</b></u>                      VANILLA YOGURT                      CHILLED DICED PEACHES</p>	<p><b>AUGUST 19</b>                      AM: CEREAL TRAIL MIX, 1/3 C                      MILK, 1/2 C                      PM: BABY CARROTS, 1/2 C                      W/ RANCH DIP                      WHEATWORTH CRACKERS, 1 PKTS  <u><b>TODS AND TWOS</b></u>                      CHEDDAR CHEESE</p>
<p><b>AUGUST 22</b>                      AM: LIFE CEREAL, 1/3 C                      MILK, 1/2 C                      PM: GRAHAM CRACKERS, 2 EA                      100% APPLE JUICE NO DYES, 1/2 C</p>	<p><b>AUGUST 23</b>                      AM: ENGLISH MUFFIN, 1/2 EA                      W/ GRAPE JELLY                      PM: CHEDDAR CHEESE , 1/2 OZ                      CHEDDAR CHEESE CUBES, 4 EA                      FRESH APPLE, 3/8 C  <u><b>TODS AND TWOS</b></u>                      APPLESAUCE</p>	<p><b>AUGUST 24</b>                      AM: STRAWBERRY YOGURT, 1/2 C                      FRESH BANANA, 1/2 EA                      PM: STACY'S PITA CHIPS ALL                      NATURAL, 1/2 C                      100% PEACH MANGO / NO DYES, 0 C  <u><b>TODS AND TWOS</b></u>                      VANILLA YOGURT</p>	<p><b>AUGUST 25</b>                      AM: APPLE-CINN NUTRI GRAIN BAR,                      1 EA                      MILK, 1/2 OZ                      PM: MINI RICE CAKES CARAMEL,                      1/2 EA                      FRESH BANANA, 1/2 EA</p>	<p><b>AUGUST 26</b>                      AM: WHOLE GRAIN KIX CEREAL                      BOWL, 1 EA                      MILK, 1/2 OZ                      PM: CUCUMBER ROUNDS, 1/2 C                      W/ RANCH DIP                      WHEAT THINS, 3 EA                      100% PEACH MANGO / NO DYES,                      1/2 C</p>
<p><b>AUGUST 29</b>                      AM: FRENCH TOAST STICKS, 2 EA                      MILK, 1/2 C                      PM: BAKED SUN CHIPS, 1/2 PKTS                      MILD SALSA, 1 OZ                      100% APPLE JUICE NO DYES, 1/2 C</p>	<p><b>AUGUST 30</b>                      AM: CHEESE BISCUIT, 1 EA                      MILK, 1/2 C                      PM: CINNAMON TEDDY GRAHAMS,                      1 EA                      MILK, 1/2 C</p>	<p><b>AUGUST 31</b>                      AM: TOASTIO'S CEREAL, 1/3 C                      MILK, 1/2 OZ                      PM: BAKED NATURAL CHEESE                      CRISPS, 1/2 PKTS                      FRESH APPLE SLICES, 1/2 C  <u><b>TODS AND TWOS</b></u>                      APPLESAUCE</p>		

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 6 oz milk required with each meal