

SUMMER CAMP - LUNCH MENU - JUNE 2013

FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VA. 22122				ALL BOXES W/ MAYO & MUSTARD PC PACKS	BOXES TO INCLUDE SPOONS WHEN APPROPRIATE
		WEEK ONE BOX LUNCHES			
<p style="text-align: center;">June 10</p> <p>Classic Turkey Breast Bagel Sandwich Einstein - Honey Wheat Bagel All Natural Turkey Breast, Cream Cheese Sprd Fresh Cucumber, Lettuce, Tomato Fresh Baby Carrots Cucumber Yogurt Dip Deluxe Brownie</p>	<p style="text-align: center;">June 11</p> <p style="text-align: center;">Nacho's Tostitos Chips & Cheese Shred Cheddar Fresh Guacamole, Salsa, Sour Cream Fresh Seedless Grapes Back To Nature Chocolate Chunk Cookies</p>	<p style="text-align: center;">June 12</p> <p>Grandma's BLT w/ a Twist Honey Wheat Goldfish Bread Piled High w/ Chicken Bacon Lettuce, Tomato, Mayo Deli Style Macaroni Salad Fresh Fruit Salad Betty Crocker Butterscotch Bar</p>	<p style="text-align: center;">June 13</p> <p>All Natural Ham & Cheddar Sandwich 100% Whole Wheat Bread Mayo & Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots Kraft Ranch Dressing (sm pkt) Doritos Dole Fruit cup in Juice</p>	<p style="text-align: center;">June 14</p> <p>Sunbutter & Grape Jelly Sandwich (nut free) All Natural Whole Grain Country White Brd Fresh Vegetable Crudite' Baby Carrot, Broccoli, Cucumbers Kraft Ranch Dressing (sm pkt) Rold Gold Pretzel Tiny Twist Fresh Orange Wedges Vanilla Cupcake</p>	
<p style="text-align: center;">June 17</p> <p>TERIYAKI CHICKEN STRIPS MULTI GRAIN RICE</p> <p style="text-align: center;">SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 18</p> <p>BURGER ON WHOLE WHEAT ROLL OR CHEESE BURGER VEGGIE BAKED BEANS ASSORTED CHIPS</p> <p style="text-align: center;">SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 19</p> <p>CHICKEN FAJITAS WARM SOFT TORTILLAS GRILLED ONIONS & PEPPERS</p> <p style="text-align: center;">SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 20</p> <p>TURKEY CORN DOG NUGGETS KETCHUP & MUSTARD SWEET YELLOW CORN</p> <p style="text-align: center;">SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 21</p> <p>CHEESE PIZZA</p> <p style="text-align: center;">SALAD BARS FRESH FRUIT</p>	
<p style="text-align: center;">June 24</p> <p>MACARONI & CHEESE W/ WHOLE GRAINS BONELESS CHICKEN BREAST CHUNKS SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 25</p> <p>NITRITE FREE ALL BEEF HOT DOG CHILI, CHEESE MUSTARD, KETCHUP ASSORTED CHIPS SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 26</p> <p>CHIPOTLE STYLE BUFFET CHICKEN, WHITE LIME RICE BLACK BEANS, GREEN PEPPERS & ONIONS/TORTILLAS SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 27</p> <p>BREAKFAST FOR LUNCH!! WHL WHEAT FRENCH TOAST STKS COUNTRY FRIED POTATO W/ ONION TURKEY SAUSAGE LINKS SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;">June 28</p> <p>CHEESE PIZZA</p> <p style="text-align: center;">SALAD BARS FRESH FRUIT</p>	
<p style="text-align: center;">SALAD BAR DAILY: i.e. Assorted Salads, carrot sticks, Ranch, Italian, Caesar Dressing pickle spears, fresh fruits, yogurt, hummus, eggs, black olives, cheddar cheese, etc</p>				<p style="text-align: center;">Portions meet CACFP requirements for 6 to 12 yr olds All alternates discussed on an individual basis as needed. 8oz milk required with each meal.</p>	

SUMMER CAMP - LUNCH MENU - JULY 2013

<u>July 01</u> BURGER ON WHOLE WHEAT ROLL OR CHEESE BURGER VEGGIE BAKED BEANS ASSORTED CHIPS SALAD BARS FRESH FRUIT	<u>July 02</u> SOUTH OF THE BORDER BEEF SOFT TACO'S ALL THE FIXINS MEX RICE/REFRIED BEANS SALAD BARS FRESH FRUIT	<u>July 03</u> PHILLY CHEESE STEAK W/ GRILLED ONIONS ASSORTED CHIPS SALAD BARS FRESH FRUIT	<u>July 04</u> HAPPY 4TH OF JULY !!!	<u>July 05</u> CAMP CLOSED
<u>July 08</u> CHICKEN PATTY ON WHEAT ROLL LETTUCE & TOMATO ASSORTED BAKED CHIPS SALAD BARS	<u>July 09</u> CHICKEN BREAST CHUNKS MACARONI & CHEESE W/ WHOLE GRAINS SALAD BARS FRESH FRUIT	<u>July 10</u> ITALIAN BEEF & TURKEY MEATBALL SUBS SHRED MOZZARELLA CHEESE SALAD BARS FRESH FRUIT	<u>July 11</u> NACHO, CHEESE CONQUESO BAR CORN TORTILLA CHIPS ALL THE TOPPINGS SALAD BARS FRESH FRUIT	<u>July 12</u> CHEESE PIZZA SALAD BARS FRESH FRUIT
<u>July 15</u> TERIYAKI CHICKEN MULTI GRAIN RICE SALAD BARS FRESH FRUIT	<u>July 16</u> **COOK OUT** BURGER ON WHOLE WHEAT ROLL OR CHEESE BURGER VEGGIE BAKED BEANS/CHIPS SALAD BARS FRESH FRUIT	<u>July 17</u> CHICKEN FAJITAS WARM SOFT TORTILLAS GRILLED ONIONS & PEPPERS SALAD BARS FRESH FRUIT	<u>July 18</u> NITRITE FREE ALL BEEF HOT DOG CHILI, CHEESE MUSTARD, KETCHUP ASSORTED CHIPS SALAD BARS FRESH FRUIT	<u>July 19</u> CHEESE PIZZA SALAD BARS FRESH FRUIT
<u>July 22</u> MACARONI & CHEESE W/ WHOLE GRAINS BONELESS CHICKEN BREAST CHUNKS SALAD BARS FRESH FRUIT	<u>July 23</u> BURGER ON WHOLE WHEAT ROLL OR CHEESE BURGER VEGGIE BAKED BEANS ASSORTED CHIPS SALAD BARS FRESH FRUIT	<u>July 24</u> NACHO'S NACHO MEAT & REFRIED BEANS CORN TORTILLA CHIPS BLACK BEAN & CORN SALSA SALAD BARS FRESH FRUIT	<u>July 25</u> BREAKFAST FOR LUNCH!! WHL WHEAT FRENCH TOAST STKS COUNTRY FRIED POTATO W/ ONION TURKEY SAUSAGE LINKS SALAD BARS FRESH FRUIT	<u>July 26</u> CHEESE PIZZA SALAD BARS FRESH FRUIT
<u>July 29</u> ITALIAN BEEF & TURKEY MEATBALL SUBS SHRED MOZZARELLA CHEESE SALAD BARS FRESH FRUIT	<u>July 30</u> SOUTH OF THE BORDER BEEF CRISPY TACO'S ALL THE FIXINS MEX RICE / REFRIED BEANS SALAD BARS FRESH FRUIT	<u>July 31</u> PHILLY CHEESE STEAK W/ GRILLED ONIONS ASSORTED CHIPS SALAD BARS FRESH FRUIT	FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VIRGINIA	

SALAD BAR DAILY (i.e. Assorted Salads, Carrot Sticks, Ranch & 1000 Island Dressings, Peanut Butter & Jelly Sandwiches, Pickle Spears, Jello, Assorted Fruits (fresh or canned), Dessert or Menu Specific Items)).

Portions meet CACFP requirements for 6 to 12 years olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal.

SUMMER CAMP - LUNCH MENU - AUGUST 2013

FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VA. 22122	LAST WEEK ALL BOX LUNCH MEALS		August 01 WHL GRAIN SPAGHETTI W/ MARINARA SAUCE BEEF & TURKEY MEATBALLS W/ MARINARA GARLIC BREAD, PARMESAN SALAD BARS FRESH FRUIT	August 02 CHEESE PIZZA SALAD BARS FRESH FRUIT
August 05 CHICKEN PATTY ON WHEAT ROLL LETTUCE & TOMATO ASSORTED BAKED CHIPS SALAD BARS FRESH FRUIT	August 06 NITRITE FREE ALL BEEF HOT DOG CHILI, CHEESE MUSTARD, KETCHUP ASSORTED CHIPS SALAD BARS FRESH FRUIT	August 07 BREAKFAST FOR LUNCH!! WHL WHEAT FRENCH TOAST STKS COUNTRY FRIED POTATO W/ ONION TURKEY SAUSAGE LINKS SALAD BARS FRESH FRUIT	August 08 NACHO, CHEESE CONQUESO BAR CORN TORTILLA CHIPS ALL THE TOPPINGS SALAD BARS FRESH FRUIT	August 09 CHEESE PIZZA SALAD BARS FRESH FRUIT
August 12 TERIYAKI CHICKEN MULTI GRAIN RICE SALAD BARS FRESH FRUIT	August 13 **COOK OUT** BURGER ON WHOLE WHEAT ROLL OR CHEESE BURGER CHIPS SALAD BARS FRESH FRUIT	August 14 CHICKEN FAJITAS WARM SOFT TORTILLAS GRILLED ONIONS & PEPPERS SALAD BARS FRESH FRUIT	August 15 TURKEY CORN DOG NUGGETS KETCHUP & MUSTARD SWEET YELLOW CORN SALAD BARS FRESH FRUIT	August 16 CHEESE PIZZA SALAD BARS FRESH FRUIT
August 19 CHICKEN BREAST CHUNKS MACARONI & CHEESE W/ WHOLE GRAINS SALAD BARS FRESH FRUIT	August 20 BURGER ON WHOLE WHEAT ROLL OR CHEESE BURGER VEGGIE BAKED BEANS ASSORTED CHIPS SALAD BARS FRESH FRUIT	August 21 PHILLY CHEESE STEAK W/ GRILLED ONIONS ASSORTED CHIPS SALAD BARS FRESH FRUIT	August 22 CHIPOTLE STYLE BUFFET CHICKEN, WHITE LIME RICE BLACK BEANS, GREEN PEPPERS & ONIONS/TORTILLAS SALAD BARS FRESH FRUIT	August 23 CHEESE PIZZA SALAD BARS FRESH FRUIT
August 26 Classic Turkey Breast Bagel Sandwich Einstein - Honey Wheat Bagel All Natural Turkey Breast, Cream Cheese Sprd Fresh Cucmber, Lettuce, Tomato Fresh Baby Carrots Cucumber Yogurt Dip Deluxe Brownie	August 27 California Club Vegetarian Style Whole Grain Hoagie Roll (no HFC) Cheddar & Provolone Cheese Fresh Avocado Slices, Lettuce, Tomato, Red Onion Kraft Golden Italian Dressing/Mayo/Mustard Kaoher Pickle/ BBQ Baked Lay's Fresh Seedless Grapes Back To Nature Chocolate Chunk Cookies	August 28 Grandma's BLT w/ a Twist Honey Wheat Goldfish Bread Piled High w/ Chicken Bacon Lettuce, Tomato, Mayo Deli Style Macaroni Salad Fresh Fruit Salad Betty Crocker Butterscotch Bar	August 29 All Natural Ham & Cheddar Sandwich 100% Whole Wheat Bread Mayo & Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots Kraft Ranch Dressing (sm pkt) Doritos Dole Fruit cup in Juice	August 30 Sunbutter & Grape Jelly Sandwich (nut free) All Natural Whole Grain Country White Brd Fresh Vegetable Crudite' Baby Carrot, Broccoli, Cucumbers Kraft Ranch Dressing (sm pkt) Rold Gold Pretzel Tiny Twist Fresh Orange Wedges Vanilla Cupcake

SALAD BAR DAILY: (i.e.Assorted Salads, Baby Carrots, Ranch, Italian, Caesar Dressing, Picle Spears, Fresh Fruits, Eggs,

Yogurt, Hummus, Black Olives, Cheddar Cheese, etc

Portions meet CACFP requirments for 6 to 12 years olds. All alternates discussed on an individual basis

as needed. 8oz milk required with each meal.