

SUMMER CAMP - AM FRESH FRUIT MENU - 2014

	FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VIRGINIA	JUNE JULY AUGUST		
APPLES VARIETY OF KINDS Gala, Red Delicious, Golden Delicious	SEEDLESS WATERMELON	BANANAS 1/2 PER CHILD	SEEDLESS GRAPES	FRESH ORANGE WEDGES 1/2 PER CHILD
FFS will pre slice fruit Session wk 1 Session wk 8 Session wk 9				

SALAD BAR DAILY (i.e. Assorted Salads, Carrot Sticks, Ranch & 1000 Island Dressings, Peanut Butter & Jelly Sandwiches, Pickle Spears, Jello, Assorted Fruits (fresh or canned), Dessert or Menu Specific Items)).

Portions meet CACFP requirements for 6 to 12 years olds. All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 8 oz milk required with each meal.

SUMMER CAMP - LUNCH MENU - JUNE 2014

<p>FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VA. 22122</p>				
<p style="text-align: center;"><u>June 16</u> <u>Ride the Orient Express</u> Pepper Steak / Teriyaki Chicken/Broccoli Fried Rice/Stir Fried Vegetables Baked Egg Rolls w/ Duck Sauce SANDWICH & THEMED SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 17</u> <u>Say Cheese</u> All Natural Burger/ Cheeseburger Veggie Baked Beans/Veggie Burgers Assorted Chips SANDWICH & SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 18</u> <u>Ole' Ole'</u> Fresh Chicken Fajitas Grilled Peppers/Onions WW Warm Tortillas/ Black Beans Corn Salsa/S. Cream/Salsa SANDWICH & THEMED SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 19</u> <u>The Great American</u> All Beef Hot Dog/ Mini Corn Dog Nuggets Chili/Cheese/Sauerkraut/ Ketchup/Mustard Mini Corn on the Cob SANDWICH & THEMED SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 20</u> <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p>
<p style="text-align: center;"><u>June 23</u> <u>Every Kids Favorite</u> Macaroni & Cheese W/WG Chicken Nuggets Fresh Salads SANDWICH & SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 24</u> <u>Thai Buffet</u> Thai Crispy Chicken Veggie Lo-Mein Baked Egg Roll / Duck Sauce SANDWICH & THEMED SALAD BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 25</u> <u>Fairfax Sub's</u> Italian, Turkey, Ham, Veggie Assorted Chips Fresh Salads SANDWICH & SUB STATION BARS FRESH FRUIT</p>	<p style="text-align: center;"><u>June 26</u> <u>**Camp Cook Out**</u> Hamburgers & Hot Dogs Hot off the Grill Veggie Baked Beans Assorted Chips SANDWICH & SALAD BARS FRESH FRUIT/Watermelon</p>	<p style="text-align: center;"><u>June 27</u> <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p>
<p style="text-align: center;"><u>June 30</u> <u>Italian Pasta Buffet</u> Whole Grain Pasta, Marinara Italian Meatballs, Alfredo, Olive Oil Parmesan/Warm Garlic Bread SANDWICH & THEMED SALAD BARS FRESH FRUIT</p>			<p style="text-align: center;">Portions meet CACFP requirements for 6 to 12 yr olds All alternates discussed on an individual basis as needed. 8oz milk required with each meal.</p>	<p style="text-align: center;"><u>SALAD BAR DAILY:</u> i.e. Assorted Salads, Carrot sticks, Ranch, Italian, Caesar Dressing pickle spears, fresh fruits, yogurt, hummus, eggs, black olives, cheddar cheese, etc</p>

SUMMER CAMP - MILK SQUAD - JUNE 2014

	FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VIRGINIA		<u>ALL 100% JUICE</u> <u>NO ADDED SUGAR</u> <u>NO DYES</u>	
	<u>"GF" Gluten Free</u>	<u>BTN= Back To Nature</u> no artificial preservative flavors, or color 0g trans fat, no hydrogenated oil	Fresh Fruit "GF"	
<u>June 16</u> Back to Nature MINI CHOC CHUNK COOKIES, PKG no artificial preservative flavors, or color 0g trans fat, no hydrogenated oil 1/2 PINT MILK (*2%)	<u>June 17</u> BETTY CROCKER BUTTERSCOTCH BAR, 1EA 100% WHITE GRAPE JUICE NO DYES NO ADDED SUGAR	<u>June 18</u> TOSTITOS, 1EA SALSA, 1/4C 100% ORANGE RASPBERRY NO DYES NO ADDED SUGAR	<u>June 19</u> CHEX MIX CHEDDAR, 1EA SEEDLESS WATERMELON, 1SL	<u>June 20</u> "GF" WHITE CHEDDAR POP CORN, 1EA 100% CRAN-APPLE NO DYES NO ADDED SUGAR
<u>June 23</u> MOTT'S APPLESAUCE, 1EA MINI PRETZELS, 1EA	<u>June 24</u> BAKED MULTI GRAIN SUN CHIPS, 1EA 100% PEACH MANGO JUICE	<u>June 25</u> FRESH BANANA, 1EA GRAHAM CRACKERS 2 PKTS	<u>June 26</u> Back to Nature HONEY GRAHAM STICKS, 1PKG graham no artificial preservative flavors, or color 0g trans fat, no hydrogenated oil FRESH CANTALOUPE, 1SL	<u>June 27</u> WHOLE GRAIN GOLDFISH, 1EA FRESH BANANA, 1EA
<u>June 30</u> STACY'S SIMPLY NAKED PITA CHIPS, 1EA 100% STRAWBERRY/KIWI JUICE				