

GREAT ADVENTURE - LUNCH MENU - JULY 2014

	July 01 NEW ORLEANS STYLE CAJUN CHICKEN DICED CHICKEN BREASTW/ PEPPERS & ONIONS, 1/3C WHOLE GRAIN RICE, 1/4C BABY CARROTS W/ RANCH, 1/4C SEEDLESS GRAPES, 3/8C	July 02 SALISBURY STEAK W/GRAVY, 1EA OVEN ROASTED POTATOES, 1/4C WHOLE WHEAT BREAD, 1/2SL FRESH CANTALOUPE, 1SL	July 03 WHOLE WHEAT SPAGHETTI W/ MEAT MARINARA SAUCE, 1/2C WARM GARLIC BREAD, 1SL SWEET TENDER PEAS, 1/4C FRESH BANANA, 1/2EA	July 04 
July 07 OVEN BAKED CHICKEN PATTY, 1EA WHEAT HAMBURGER ROLL, 1EA W/ KETCHUP SWEET TENDER PEAS, 1/4C FRESH ORAGNE WEDGES, 2EA	July 08 CREAMY MACARONI & CHEESE W/ WHOLE GRAIN PASTA, 1/2C 3-WAY HOT VEGETABLE, 1/4C FRESH BANANA, 1/2EA	July 09 ITALIAN BEEF& TURKEY MEATBALL, EA ON A SUB ROLL, 1/2EA SHRED MOZZARELLA CHEESE, 1/2OZ FRESH SAUTEED GREEN BEANS, 1/4C FRESH CANTALOUPE, 1SL	July 10 NACHO MEAT, 1OZ SHRED CHEDDAR, 1/2OZ CORN TORTILLA CHIPS, 1/4C SALSA, 1/2OZ TOSSED SALAD /RANCH, 1/4C FRESH DICED MELONS, 3/8C	July 11 TURKEY BOLOGNA & CHEDDAR 100% WHOLE WHEAT BREAD MAYO PACKET CARROTS, MINI PRETZEL, 1EA FRESH ORANGE WEDGES, 2EA MINI RICE KRISPY TREAT, 1EA
July 14 TERIYAKI CHICKEN, 3 EA MULTI GRAIN RICE, 1/4C FRESH BABY CARROTS W/ DIP, 1/4C FRESH ORANGE WEDGES, 2EA	July 15 LEAN BEEF HAMBURGER, 1EA ON A ROLL W/ KETCHUP, 1EA SWEET YELLOW CORN, 1/4C SEEDLESS GRAPES, 1SL	July 16 CHICKEN FAJITA, 1 1/2OZ ULTRA GRAIN TORTILLA, 1EA SHRED CHEDDAR & SALSA, 1/2OZ STEAMED GREEN BEANS, 1/4C FRESH FRUIT SALAD, 3/8C	July 17 TURKEY CORN DOG NUGGET, 4EA W/ KETCHUP SCANDANAVIAN BLEND, 1/4C FRESH BANANA, /12EA	July 18 CHEESE PIZZA, 1SL TOSSED SALAD W/ GREEN LEAF & SPINACH W/ RANCH, 1/4C FRESH SEEDLESS WATERMELON, 1SL
July 21 MACARONI & CHEESE W/ WHOLE GRAINS, 1/2C FRESH SAUTE GREEN BEANS, 1/4C FRESH ORANGE WEDGES, 2EA	July 22 **NITRITE FREE** ALL NATURAL ALL BEEF HOT DOG, 1EA TOSSED SALAD W/ GREEN LEAF & SPINACH W/ RANCH, 1/4C CREAMY RANCH DIP FRESH BANANA, 1/2EA	July 23 WHOLE GRAIN PENNE PASTA W/ BOLOGNESE SAUCE, 1/2C W/ STEWED TOMATOES & BEEF CRUMBLES STEAMED GREEN BEANS, 1/4C SEEDLESS GRAPES, 3/8C	July 24 WHOLE GRAIN CHICKEN BITES, 3EA W/ KETCHUP CAESAR SALAD W/ ROMAINE, DRESSING & PARMESAN, 1/4C FRESH ORANGE WEDGES, 2EA	July 25 Traditional Club Wheat Bread, Turkey Breast, Chicken Bacon Cheddar/ Mayo Pkt Fresh Baby Carrots Fritos - Original, 1ea Fresh Slice Cantaloupe, 1sl
July 28 MEATBALL STEW ALL BEEF MEATBALLS, POTATOES, CARROTS, 1/2C STEAMED GREEN BEANS, 1/4C FRESH ORANGE WEDGES, 2EA	July 29 NEW ORLEANS STYLE CAJUN CHICKEN DICED CHICKEN BREASTW/ PEPPERS & ONIONS, 1/3C WHOLE GRAIN RICE, 1/4C BABY CARROTS W/ RANCH, 1/4C SEEDLESS GRAPES, 3/8C	July 30 SALISBURY STEAK W/GRAVY, 1EA OVEN ROASTED POTATOES, 1/4C WHOLE WHEAT BREAD, 1/2SL FRESH CANTALOUPE, 1SL	July 31 WHOLE WHEAT SPAGHETTI W/ MEAT MARINARA SAUCE, 1/2C WARM GARLIC BREAD, 1SL SWEET TENDER PEAS, 1/4C FRESH BANANA, 1/2EA	

GREAT ADVENTURE - SNACK MENU - JULY 2014

	<p style="text-align: center;">July 01</p> <p>AM: French Toast Sticks, 2ea w/ Syrup Milk, 1/2c</p> <p>PM: Baked Sun Chips, 1ea Salsa, 1oz</p>	<p style="text-align: center;">July 02</p> <p>AM: Whole Wheat Blueberry Muffin, 1ea Milk, 1/2c</p> <p>PM: Whole Wheat Saltines, 2pkt Cheddar Cheese Stick, 1ea</p>	<p style="text-align: center;">July 03</p> <p>AM: Danimal Vanilla Yogurt, 1ea Fresh Orange Wedges, 4pcs</p> <p style="text-align: center;">PM: RED, WHITE & BLUE BOMB POP!! (DELIVER THE DAY OF)</p> <p>Milk, 1/2c</p>	<p style="text-align: center;">July 04</p> <p style="text-align: center;">HAPPY 4TH OF JULY!!!!!!</p>
<p style="text-align: center;">July 07</p> <p>AM: Rice Chex Bowl Pack, 1ea Milk, 1/2c</p> <p>PM: Whole Grain Cheese Goldfish, 1ea 100% Apple Juice, 1/2c no dyes no added sugar</p>	<p style="text-align: center;">July 08</p> <p>AM: Graham Crackers, 1ea Chilled Diced Pears, 1/2c</p> <p>PM: Ritz Crackers, 6ea Cheddar Cheese Stick, 1ea</p>	<p style="text-align: center;">July 09</p> <p>AM: Tositos, 1ea Salsa, 1/4c</p> <p>PM: Cucumber Sticks w/Dip, 1/2c Wheat Thin Crackers, 4ea</p>	<p style="text-align: center;">July 10</p> <p>AM: Waffles W/ Syrup, 1ea Milk, 1/2c</p> <p>PM: Vanilla Yogurt Bulk, /12c Fresh Banana, 1/2ea</p>	<p style="text-align: center;">July 11</p> <p>AM: Whole Grain Kix Bowl Pack, 1ea Milk, 1/2c</p> <p>PM: String Cheese, 1ea Fresh Apple Slices, 1/2ea</p>
<p style="text-align: center;">July 14</p> <p>AM: Graham Crackers, 1ea Milk, 1/2c</p> <p>PM: Cheese It Crackers, 1/3c Fresh Cantaloupe, 1sl</p>	<p style="text-align: center;">July 15</p> <p>AM: Krispie Rice Cereal, 1/2c Milk, 1/2c</p> <p>PM: String Cheese, 1ea Westminster WW Saltines, 2pkt</p>	<p style="text-align: center;">July 16</p> <p>AM: Life Cereal, 1/2c Milk, 1/2c</p> <p>PM: Whole Grain Cheese Goldfish, 1ea Fresh Banana, 1/2ea</p>	<p style="text-align: center;">July 17</p> <p>AM: Vanilla Yogurt Bulk, 1/2c Fresh Apple, 1/2ea</p> <p>PM: Oatmeal Snack, 2ea Milk, 1/2c</p>	<p style="text-align: center;">July 18</p> <p>AM: Trail Mix, 3/4c Milk, 1/2c</p> <p>PM: Baby Carrots, w/ dip Westminster WW Saltines, 2pkt</p>
<p style="text-align: center;">July 21</p> <p>AM: Rice Chex Cereal Bowl, 1ea Milk, 1/2c</p> <p>PM: Graham Crakers, 2ea Fresh Cantaloupe, 1sl</p>	<p style="text-align: center;">July 22</p> <p>AM: Graham Crackers, 1ea Milk, 1/2c</p> <p>PM: Cheddar Cheese Stick, 1ea Fresh Apple, 1/2ea</p>	<p style="text-align: center;">July 23</p> <p>AM: Elf Grahams Cinnamon, 1ea Seedless Grapes</p> <p>PM: Stacy's Pita Chips All Natural, 1/2ea Fresh Fruit Salad, 1/2c</p>	<p style="text-align: center;">July 24</p> <p>AM: Vanilla Yogurt Bulk, 1/2c Fresh Banana, 1/2ea</p> <p>PM: BTN Choc Chunk Cookies, 1/2pkt Fresh Banana, 1/2ea</p>	<p style="text-align: center;">July 25</p> <p>AM: Whole Grain Kix Ceral Bowl, 1ea Milk, 1/2c</p> <p>PM: Cucumber Sticks w/ Dip, 1/2c Westminster WW Saltines, 2pkt Fresh Orange Wedges, 1/2ea</p>
<p style="text-align: center;">July 28</p> <p>AM: French Toast Sticks, 2ea w/ Syrup Milk, 1/2c</p> <p>PM: Baked Sun Chisp, 1/2ea Salsa, 1oz Fresh Fruit Salad, 1/2c</p>	<p style="text-align: center;">July 29</p> <p>AM: Whole Wheat Blueberry Muffin, 1ea Milk, 1/2c</p> <p>PM: Cinnamon Teddy Grahams, 1ea Milk, 1/2c</p>	<p style="text-align: center;">July 30</p> <p>AM: Corn Chex Cereal, 3/4c Milk, 1/2c</p> <p>PM: BTN Choc Chunk Cookies, 1/2pkt Fresh Banana, 1/2ea</p>	<p style="text-align: center;">July 31</p> <p>AM: Danimal Vanilla Yogurt, 1ea Fresh Orange Wedges, 4pcs PM: String Cheese, 1ea Westminster WW Saltines, 2pkt</p>	

GREAT ADVENTURE - EXT SNACK MENU - JULY 2014

	<u>July 01</u> Stacy's Pita Chips, 1/2pkt Fresh Cantaloupe, 1sl	<u>July 02</u> Life Cereal, 1/2c Milk, 1/2c	<u>July 03</u> POPSICLE, 1 EA 	<u>July 04</u> HAPPY 4TH OF JULY!!!!!!
<u>July 07</u> Vanilla Yogurt Bulk, 1/2c Fresh Banana, /12ea	<u>July 08</u> Whole Grain Goldfish, 1ea Fresh Orange Wedges, 1/2c	<u>July 09</u> Rice Chex Cereal Bowl, 1ea Milk, 1/2c	<u>July 10</u> Baked Multi Grain Sun Chips, 1/2ea Fresh Pear, 1/2ea	<u>July 11</u> POPSICLE, 1 EA 
<u>July 14</u> Trail Mix, 1/2c Milk, 1/2c	<u>July 15</u> Banana Bread, 1sl Fresh Orange Wedges, /12ea	<u>July 16</u> Cheese It Crackers, 1/2c Fresh Apple Slices, 1/2ea	<u>July 17</u> Rice Cakes, 1/2pkt Fresh Cantaloupe, 1sl	<u>July 18</u> POPSICLE, 1 EA 
<u>July 21</u> Vanilla Yogurt Bulk, 1/2c Fresh Banana, /12ea	<u>July 22</u> Whoel Grain Kix Cereal Bowl, 1ea Milk, 1/2c	<u>July 23</u> Teddy Grahams, 1ea Milk, 1/2c	<u>July 24</u> Baked Multi Grain Sun Chips, 1/2ea Seedless Grapes, /12c	<u>July 25</u> POPSICLE, 1 EA 
<u>July 28</u> Stacy's Pita Chips, 1/2pkt Fresh Cantaloupe, 1sl	<u>July 29</u> Life Cereal, 1/2c Milk, 1/2c	<u>July 30</u> Cheddar Cheese Stick, 1ea Fresh Cantaloupe , 1sl		