




# GREAT ADVENTURE - LUNCH MENU - AUGUST 2015



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| <p><b>August 03</b><br/>OVEN BAKED CHICKEN PATTY, 1EA<br/>WHEAT HAMBURGER ROLL, 1EA<br/>W/ KETCHUP<br/>SWEET TENDER PEAS, 1/4C<br/>FRESH ORAGNE WEDGES, 2EA</p> | <p><b>August 04</b><br/>CREAMY MACARONI &amp; CHEESE W/<br/>WHOLE GRAIN PASTA, 1/2C<br/>3-WAY HOT VEGETABLE, 1/4C<br/>FRESH BANANA, 1/2EA</p>   | <p><b>August 05</b><br/>ITALIAN BEEF&amp; TURKEY MEATBALL, EA<br/>ON A SUB ROLL, 1/2EA<br/>SHRED MOZZARELLA CHEESE, 1/2OZ<br/>FRESH SAUTEED GREEN BEANS, 1/4C<br/>FRESH CANTALOUPE, 1SL</p> | <p><b>August 06</b><br/>NACHO MEAT, 1OZ<br/>SHRED CHEDDAR, 1/2OZ<br/>CORN TORTILLA CHIPS, 1/4C<br/>SALSA, 1/2OZ<br/>TOSSED SALAD /RANCH, 1/4C<br/>FRESH DICED MELONS, 3/8C</p>                         | <p><b>August 07</b><br/>DELI SLICED CHICKEN ON<br/>100% WHOLE WHEAT BREAD<br/>MAYO PACKET<br/>BABY CARROTS, 1 PKT<br/>BAKED LAYS PKT<br/>BANANA 1 EA</p>   |
| <p><b>August 10</b><br/>TERIYAKI CHICKEN, 3 EA<br/>MULTI GRAIN RICE, 1/4C<br/>FRESH BABY CARROTS W/ DIP, 1/4C<br/>FRESH ORANGE WEDGES, 2EA</p>                  | <p><b>August 11</b><br/>LEAN BEEF HAMBURGER, 1EA<br/>ON A ROLL W/ KETCHUP, 1EA<br/>SWEET YELLOW CORN, 1/4C<br/>SEEDLESS GRAPES, 1SL</p>   | <p><b>August 12</b><br/>CHICKEN FAJITA, 1 1/2OZ<br/>WHOLE WHEAT TORTILLA, 1EA<br/>SHRED CHEDDAR &amp; SALSA, 1/2OZ<br/>STEAMED GREEN BEANS, 1/4C<br/>FRESH FRUIT SALAD, 3/8C</p>            | <p><b>August 13</b><br/>TURKEY CORN DOG NUGGET, 4EA<br/>W/ KETCHUP<br/>SCANDANAVIAN BLEND, 1/4C<br/>FRESH BANANA, /12EA</p>  | <p><b>August 14</b><br/>CHEESE PIZZA, 1SL<br/>TOSSED SALAD W/ GREEN<br/>LEAF &amp; SPINACH W/ RANCH, 1/4C<br/>FRESH SEEDLESS WATERMELON, 1SL</p>   |
| <p><b>August 17</b><br/>CREAMY MACARONI &amp; CHEESE<br/>MAC &amp; CHEESE, 1/2C<br/>FRESH SAUTE GREEN BEANS, 1/4C<br/>FRESH ORANGE WEDGES, 2EA</p>              | <p><b>August 18</b><br/>**NITRITE FREE**<br/>ALL NATURAL ALL BEEF HOT DOG, 1EA<br/>TOSSED SALAD W/ GREEN<br/>LEAF &amp; SPINACH W/ RANCH, 1/4C<br/>CREAMY RANCH DIP<br/>FRESH BANANA, 1/2EA</p> | <p><b>August 19</b><br/>WHOLE GRAIN PENNE PASTA W/<br/>BOLOGNESE SAUCE, 1/2C<br/>W/ STEWED TOMATOES &amp; BEEF CRUMBLES<br/>STEAMED GREEN BEANS, 1/4C<br/>SEEDLESS GRAPES, 3/8C</p>         | <p><b>August 20</b><br/>WHOLE GRAIN CHICKEN BITES, 3EA<br/>W/ KETCHUP<br/>CAESAR SALAD W/ ROMAINE, DRESSING<br/>&amp; PARMESAN, 1/4C<br/>FRESH ORANGE WEDGES, 2EA</p>                                  | <p><b>August 21</b><br/>Traditional Club<br/>Wheat Bread, Turkey Breast, Chicken Bacon<br/>Cheddar/ Mayo Pkt<br/>Fresh Baby Carrots<br/>Fritos - Original, 1ea<br/>Fresh Slice Cantaloupe, 1sl</p> |
| <p><b>August 24</b><br/>Beef Hamburger, 1ea<br/>WHEAT ROLL W/ NO HFC KETCHUP, 1EA<br/>STEAMED GREEN BEANS 1/4C<br/>FRESH APPLE, 3/8C</p>                        | <p><b>August 25</b><br/>Soft Beef Taco, 1/4c<br/>Warm WG Tortilla, 1ea<br/>Shredded Cheddar, 1/2oz<br/>Fresh Baby Carrots w/ Ranch, 1/4c<br/>All Natural Applesauce, 3/8c</p>                   | <p><b>August 26</b><br/>SALISBURY STEAK W/GRAVY, 1EA<br/>OVEN ROASTED POTATOES, 1/4C<br/>WHOLE WHEAT BREAD, 1/2SL<br/>FRESH CANTALOUPE, 1SL</p>   | <p><b>August 27</b><br/>WHOLE WHEAT SPAGHETTI<br/>W/ MARINARA SAUCE, 1/2C<br/>MEAT MARINARA SAUCE ON THE SIDE, 3/8C<br/>WARM GARLIC BREAD, 1SL<br/>SWEET TENDER PEAS, 1/4C<br/>FRESH BANANA, 1/2EA</p> | <p><b>August 28</b><br/>TURKEY BOLOGNA &amp; CHEDDAR<br/>100% WHOLE WHEAT BREAD<br/>MAYO PACKET<br/>CARROTS, MINI PRETZEL, 1EA<br/>FRESH ORANGE WEDGES, 2EA<br/>MINI RICE KRISPY TREAT, 1EA</p>    |
| <p><b>August 31</b><br/><br/><b>WE HOPE YOU<br/>ENJOYED<br/>SUMMER CAMP!!!!</b></p>   |    |   |  |  |