

Great Adventures Camp - July 4th - July 8th 2016

July 04	July 05	July 06	July 07	July 08
<p><u>LUNCH</u></p>	<p><u>LUNCH</u></p> <p>Oven Baked Chicken Patty, 1ea Wheat Hamburger Roll, 1ea w/ no HFC Ketchup Sweet Tender Peas, 1/4c Fresh Orange Wedges, 2ea</p>	<p><u>LUNCH</u></p> <p>Italian Beef Meatballs, 3ea on a Sub Roll, 1/2ea Shred Mozzarella Cheese, 1/2oz Fresh Sauteed Green Beans, 1/4c Fresh Cantaloupe, 1sl</p>	<p><u>LUNCH</u></p> <p>Mexican Nacho Fiesta Beef Nacho Meat, 1/4c Corn Tortilla chips, 1/4c, 1/4C Salsa, Shred Cheddar, 1/2oz each Toosed Salad w/ Ranch, 1/4c Fresh Diced Melons, 3/8c</p>	<p><u>LUNCH</u></p> <p>CHEESE PIZZA, 1SL Fresh Baby Carrots, 1/4c Ranch Dip Fresh Seedless Watermelon, 1sl</p>
HAPPY 4TH OF JULY	Vegetarian Burger	Veggie Meatballs in Marinara	Refried Beans, cheese on side	Cheese Pizza
<p><u>AM SNACK</u></p>	<p><u>AM SNACK</u></p> <p>Graham Crackers, 2ea Milk, 1/2c</p>	<p><u>AM SNACK</u></p> <p>Corn Chex Cereal (GF), 3/4c Milk, 1/2c</p>	<p><u>AM SNACK</u></p> <p>Vanilla Yogurt, 1/2c Fresh Banana, 1/2ea</p>	<p><u>AM SNACK</u></p> <p>Fresh Baked Blueberry Bread, 1sl Fresh Cantaloupe, 1sl</p>
<p><u>PM SNACK</u></p>	<p><u>PM SNACK</u></p> <p>Fresh Apple Slices, 1/2ea Cheddar Cheese Stick, 1ea</p>	<p><u>PM SNACK</u></p> <p>Fresh Celery Sticks, 3ea Cream Cheese, 1/2oz Cheez It Crackers, 1/3c</p>	<p><u>PM SNACK</u></p> <p>Stacy's Pita Chips, 1/2pkt Fresh Orange Wedges, 1/2c</p>	<p><u>PM SNACK</u></p> <p>Mini Pretzels, 8ea Hummus, 1/2oz</p>
<p><u>EXTENDED SNACK</u></p>	<p><u>EXTENDED SNACK</u></p> <p>Stacy's Pita Chips, 1/2pkt Hummus, 1/2oz</p>	<p><u>EXTENDED SNACK</u></p> <p>Keebler Elf Grahams, 1 pkt Cinnamon Milk, 1/2c</p>	<p><u>EXTENDED SNACK</u></p> <p>Trail Mix, 1/2c Fresh Cantaloupe, 1sl</p>	<p><u>EXTENDED SNACK</u></p> <p>Popsicles, 1ea</p>

Portions meet CACFP requirements for 6 to 12 years olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal.