

CONGRESSIONAL TRAVEL CAMP - July 11th - July 15th

July 11	July 12	July 13	July 14	July 15
<u>TRAVEL BOXES</u>	<u>TRAVEL BOXES</u>	<u>TRAVEL BOXES</u>	<u>TRAVEL BOXES</u>	<u>TRAVEL BOXES</u>
Traditional Turkey Sub All Natural Turkey, Cheddar on Sub Roll Mayo, Mustard, Shred Lettuce, Tomato Sun Chips-Garden Salsa Squeezable Applesauce Cinnamon Elf Grahams	Build Your Taco Fresh Chicken Breast Strips/6" Tortillas Cheddar Cheese, Sour Cream Shred Lettuce/ Luis Salsa Fresh Fruit Salad Mini Rice Krispie Treats, 1 Ea	All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Fritos - Original Cantaloupe/ Fr: Baked Brownie	Chicken Caesar Salad Romaine, Chicken Breast, Parmesan Croutons w/ Dressing Heritage Club Crackers Small Apples Keebler Animal Crackers	DESTINATION LUNCH
<u>V- Traditional Veggie Sub</u>	<u>V- Nacho's w/ Gehl's Cheese</u>	<u>V- Cheddar Cheese Sandwich</u>	<u>VEG: Caesar Salad</u>	
<u>TRAVEL SNACK</u>	<u>TRAVEL SNACK</u>	<u>TRAVEL SNACK</u>	<u>TRAVEL SNACK</u>	<u>TRAVEL SNACK</u>
Musselman's All Natural Squeezable Applesauce, 1ea Mini Pretzels, 1ea	Garden Salsa Sun Chips, 1ea Juice Box	Keebler WG Animal Crackers, 1EA Fresh Cantaloupe, 1SL	Back to Nature Mini Chocolate Chunk Cookies, 1ea Milk 1/2 Pint, 1 ea	Whole Grain Goldfish, 1ea Fresh Banana, 1ea
<u>EXTENDED HR SNACK</u>	<u>EXTENDED HR SNACK</u>	<u>EXTENDED HR SNACK</u>	<u>EXTENDED HR SNACK</u>	<u>EXTENDED HR SNACK</u>
Garden Salsa Sun Chips, 1ea 100% Apple Juice, 3/4c no dyes/no added sugar	Simply Go-Gurt Strawberry/Banana Yogurt, 1ea Mini Pretzels, 1ea	Rice Chex Bowl Pak, 1ea 1/2 Pint 2% Milk	Whole Grain Cheez It's, 1ea Fresh Apple, 1ea	Bomb Pops, 1ea Keebler Gripz Chocolate Chip Bites, 1ea

Portions meet CACFP requirements for 6 to 12 years olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal.