

SUMMER CAMP - TRAVEL CAMP - JUNE 2013

FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VA. 22122				
June 10	June 11	June 12	June 13	June 14
Classic Turkey Breast Bagel Sandwich Einstein - Honey Wheat Bagel All Natural Turkey Breast Mayo, Mustard Fresh Baby Carrots w/ Sm Kraft Ranch Dress Nacho Doritos Betty Crocker Butterscotch Oatmeal Bar VEG: Bagel w/ Cream Cheese Cup	Nacho's Tostitos Chips & Cheese Shred Cheddar Fresh Guacamole, Salsa, Sour Cream Fresh Seedless Grapes Back To Nature Chocolate Chunk Cookies	Grandma's BLT w/ a Twist Honey Wheat Goldfish Bread Piled High w/ Chicken Bacon Lettuce, Tomato, Mayo Deli Style Macaroni Salad Fresh Fruit Salad Betty Crocker Butterscotch Bar VEG: HW Goldfish Bread & American Cheese	All Natural Ham & Cheddar Sandwich 100% Whole Wheat Bread Mayo & Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots Kraft Ranch Dressing (sm pkt) Doritos/Dole Fruit cup in juice Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	DESTINATION LUNCH
June 17	June 18	June 19	June 20	June 21
Tradional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fresh Diced Melons Fresh Baked Brownie	All Natural Ham & Cheddar Sandwich 100% Whole Wheat Bread Mayo & Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots Kraft Ranch Dressing (sm pkt) Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad Baked Lay's Dole Mixed Fruit Cup Back To Nature Choc Chip Cookies VEG: HW Goldfish Bread w/ Cream Cheese Spread	Italian Sub Sandwich Genoa,Capicola, Provolone, Onion Lettuce, Tomato, Kosher Dill Pickle Kraft Italain Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Kraft Ranch Dressing (sm pkt) Garden Salsa Sun Chips Fresh Cantaloupe VEG: Provolone Sub	DESTINATION LUNCH
June 24	June 25	June 26	June 27	June 28
Classic Turkey Breast Bagel Sandwich Einstein - Honey Wheat Bagel All Natural Turkey Breast Mayo, Mustard Fresh Baby Carrots w/ Sm Kraft Ranch Dress Nacho Doritos Betty Crocker Butterscotch Oatmeal Bar VEG: Bagel w/ Cream Cheese Cup	All Natural Ham & Cheddar Sandwich 100% Whole Wheat Bread Mayo, Mustard, Lettuce, Tomato Fresh Baby Carrots Kraft Ranch Dressing (sm pkt) Sun Chips Original Fresh Diced Melons VEG: Cheddar Cheese Sandwich	Honey Wheat Goldfish Veggie Sandwich Provolone Cheese, Lettuce, Tomato Mayo, Mustard,Cucumber Kaosher Dill Pickle Spear Dole Mixed Fruit Cup Fresh Fruit Salad Back To Nature Choc Chip Cookies	Italian Sub Sandwich Genoa,Capicola, Provolone, Onion Lettuce, Tomato, Kosher Dill Pickle Kraft Italain Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Kraft Ranch Dressing (sm pkt) Garden Salsa Sun Chips Fresh Cantaloupe VEG: Provolone Sandwich	DESTINATION LUNCH

SUMMER CAMP - TRAVEL CAMP - JULY 2013

July 01 Tradiional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	July 02 All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	July 03 All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	July 04 HAPPY 4TH OF JULY !!!	July 05 CAMP CLOSED
July 08 Classic Turkey Breast Bagel Sandwich Einstein - Honey Wheat Bagel All Natural Turkey Breas, Mayo, Mustard Fresh Baby Carrots w/ Sm Kraft Ranch Dress Nacho Doritos/ Butterscotch Oatmeal Bar VEG: Bagel w/ Cream Cheese Cup	July 09 All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard pkts Baby Carrots, Ranch Dip sm pkt Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Mediterranean Box	July 10 All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato, Pickle Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	July 11 Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	July 12 DESTINATION LUNCH
July 15 Tradiional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	July 16 All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	July 17 All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	July 18 Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	July 19 DESTINATION LUNCH
July 22 Tradiional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	July 23 All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	July 24 All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	July 25 Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	July 26 DESTINATION LUNCH
July 29 Tradiional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	July 30 All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	July 31 All Natural Roasted Chicken Breast Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VIRGINIA	

Portions meet CACFP requirements for 6 to 12 years olds. All alternates discussed on an individual basis as needed.

Specializing in Day Care and School Lunch Programs and Business and Office Luncheons

8 oz milk required with each meal.

SUMMER CAMP - TRAVEL CAMP - AUGUST 2013

FAIRFAX FOOD SERVICE & CATERERS 703-550-1820 NEWINGTON, VIRGINIA			<u>August 01</u> Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	<u>August 02</u> DESTINATION LUNCH
	<u>August 05</u> Classic Turkey Breast Bagel Sandwich Einstein - Honey Wheat Bagel All Natural Turkey Breas, Mayo, Mustard Fresh Baby Carrots w/ Sm Kraft Ranch Dress Nacho Doritos/ Butterscotch Oatmeal Bar VEG: Bagel w/ Cream Cheese Cup	<u>August 06</u> All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard pkts Baby Carrots, Ranch Dip sm pkt Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Mediterranean Box	<u>August 07</u> All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato, Pickle Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	<u>August 08</u> Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub
<u>August 12</u> Tradional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	<u>August 13</u> All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	<u>August 14</u> All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	<u>August 15</u> Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	<u>August 16</u> DESTINATION LUNCH
<u>August 19</u> Tradional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	<u>August 20</u> All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	<u>August 21</u> All Natural Roasted Chicken Breast Honey Wheat Goldfish Bread Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	<u>August 22</u> Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	<u>August 23</u> DESTINATION LUNCH
<u>August 26</u> Tradional American Club Turkey, Chicken Bacon, Cheddar on 100% Whole Wheat Mayo, Mustard, Lettuce, Tomato Lay's Potato Chips Fr: Diced Melons/Fr: Baked Brownie VEG: Fuji Apple Salad	<u>August 27</u> All Natural Ham & Cheddar Sandwich 100% WW Bread, Mayo, Mustard Lettuce, Tomato, Kosher Dill Pickle Fresh Baby Carrots/Sm Ranch PC Sun Chips Original/Fresh Diced Melons Otis Spunkmeyer-Oatmeal Raisin Cookie VEG: Cheddar Cheese Sandwich	<u>August 28</u> All Natural Roasted Chicken Breast Mayo, Mustard, Lettuce, Tomato Kosher Pickle Spear Deli Style Macaroni Salad/ Baked Lays Dole Mixed Fruit Cup/BTN Choc Chip VEG: HW Goldfish Bread w/ Cream Cheese Spread	<u>August 29</u> Italian Sub/Genoa, Capicola, Provolone Onion, Lettuce, Tomato, Kosher Dill Pickle Kraft Italian Dressing (sm pkt) Baby Carrots, Broccoli, Cucumbers Garden Salsa SC/ Cantaloupe VEG: Provolone Sub	<u>August 30</u> DESTINATION LUNCH

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