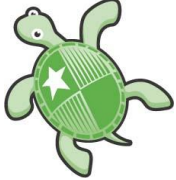


CONGRESSIONAL SUMMER CAMP - Lunch Menu - JULY 2015

| | | | | |
|--|---|---|--|--|
|  | | <p style="text-align: center;">July 01 <u>Hot Subs!!!!</u> Steak & Cheese/Chicken & Cheese Chicken Free Subs/ Assorted Chips Sauté Peppers & Onions SANDWICH & SUB STATION BARS FRESH FRUIT</p> | <p style="text-align: center;">July 02 <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 03  Happy 4th of July!</p> |
| <p style="text-align: center;">July 06 <u>"Everyone's Favorite"</u> Chicken Patty on Wheat Roll, Veggie Patty Lettuce, Tomato, Onion, Ketchup Honey Mustard / Assorted Chips SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 07 <u>"Breakfast for Lunch"</u> Scrambled Eggs, Bacon, Turkey Sausage Potatoes, Einstein Bagels, Cereal Bowls Apple/Cinnamon Brkft Quinoa SANDWICH & BREAKFAST SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 08 <u>Burger Day!!!!</u> All Natural Beef Hamburger, Bacon Burger Cheese, Turkey, Veggie Burgers Veggie Baked Beans, Salads SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 09 <u>Conqueso Bar</u> Beef Nacho Meat, Refried Beans Warm Nacho Cheese, Tostitos All the toppings SANDWICH & SALAD & TOPPING BARS FRESH FRUIT</p> | <p style="text-align: center;">July 10 <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p> |
| <p style="text-align: center;">July 13 <u>Pasta Pasta</u> Whole Grain Pasta, Marinara Italian Meatballs, Alfredo, Olive Oil Parmesan/Warm Garlic Bread SANDWICH & THEMED SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 14 <u>Burgers, Burgers, Burgers</u> All Natural Beef Hamburger, Bacon Burger Cheese, Turkey, Veggie Burgers Veggie Baked Beans, Salads SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 15 <u>Tacos Tacos Tacos</u> Beef & Chicken Crispy Tacos, Soft Tacos Brown Lime Rice/Corn Salsa/Beans Warm Tortillas/Sour Cream SANDWICH & THEMED SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 16 <u>The Great American</u> All Beef Hot Dog/ Mini Corn Dog Nuggets Chili/Cheese/Sauerkraut/ Ketchup/Mustard Mini Corn on the Cob SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 17 <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p> |
| <p style="text-align: center;">July 20 <u>All American</u> Creamy Macaroni & Cheese Boneless Chicken Wing Dings Ketchup, Honey Mustard, Hot Sauce SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 21 <u>Sandwich & Wraps Extravaganza</u> All Natural Turkey, Fresh Avocado All Natural Ham, Nutella, SoyNut Butter Assorted Chip SPECIATY SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 22 <u>"Breakfast for Lunch"</u> Scrambled Eggs, Bacon, Turkey Sausage Potatoes, Einstein Bagels, Cereal Bowls Apple/Cinnamon Brkft Quinoa SANDWICH & BREAKFAST SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 23 <u>**Camp Cook Out**</u> Hamburgers & Hot Dogs Hot off the Grill Veggie Baked Beans Assorted Chips SANDWICH & SALAD BARS FRESH FRUIT/Watermelon</p> | <p style="text-align: center;">July 24 <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p> |
| <p style="text-align: center;">July 27 <u>Thai Buffet</u> Thai Crispy Chicken Veggie Lo-Mein Baked Egg Roll / Duck Sauce SANDWICH & THEMED SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 28 <u>South of the Border</u> Beef & Chicken Crispy Tacos, Soft Tacos Brown Lime Rice/Corn Salsa/Beans Warm Tortillas/Sour Cream SANDWICH & THEMED SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 29 <u>Hawaiian Luau</u> Teriyaki Beef & Chicken Waikiki Chicken Salad Hawaiian Style Fruit SANDWICH & THEMED SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 30 <u>Burger Day!!!!</u> All Natural Beef Hamburger, Bacon Burger Cheese, Turkey, Veggie Burgers Veggie Baked Beans, Salads SANDWICH & SALAD BARS FRESH FRUIT</p> | <p style="text-align: center;">July 31 <u>Pizza, Pizza, Pizza</u> Cheese Pizza SANDWICH & SALAD BARS FRESH FRUIT</p> |

SALAD BAR DAILY (i.e. Assorted Salads, Carrot Sticks, Ranch & 1000 Island Dressings, Peanut Butter & Jelly Sandwiches, Pickle Spears, Jello, Assorted Fruits (fresh or canned), Dessert or Menu Specific Items)).

Portions meet CACFP requirements for 6 to 12 years olds. All alternates discussed on an individual basis as needed.

8 oz milk required with each meal.